

A Moral Message in the Book "Read This Book When You Fail" by K.L. Rahayu

Nur Intan Permatasari

IPB University – Vocational School

Marudut Bernadtua Simanjuntak

State University of Jakarta (UNJ)

Email: bernadmarudut@gmail.com

Abstract. This study aims to determine the meaning of failure from a book entitled "Read this book when you fail: pretending to be successful is tiring" by K.L Rahayu. This book explains how to take failure and turn it into success. This book also provides knowledge of who we are, and various ways to know ourselves to achieve true success. This study uses a qualitative method, namely by deciding conclusions by outputting data and also focusing more on the morals and messages of this book. The results presented in this study, if you feel a failure, then immediately collect your spirit and throw away negative thoughts to quickly return to repairing things that have fallen apart. Failure should be considered a friend, so it will change bad things for the better and more colorful. A person's success is the product of a failure, therefore failure should never be considered the end of everything, instead, it becomes a big opportunity in the next step.

Keywords: book, failure, success.

INTRODUCTION

The book entitled "Read this book when you fail" is a work by Kinanti Linda Rahayu. Kinanti Linda Rahayu is a woman who was born on September 1, 1988. This is the second book she has written. Published by Anak Great Indonesia in Indonesian on February 1, 2020 in Yogyakarta, Indonesia. It has 214 pages consisting of an introduction, table of contents, book contents, conclusion, epilogue, bibliography, and a description of the author of the book. Has a motivational genre (psychology) that is very relevant to the reality of life that everyone lives. This book uses simple standard sentences that are generally used in everyday life so that it will be easily conveyed to the readers. Moreover, this book is closely related to the life of everyone regardless of whether they are rich or poor, women and men must have experienced failure. This book also has a series of similar books with various titles such as Read this book when you are tired, read this book when you want to change, read this book when you are brokenhearted, read this book when you want to be happy, read this book when you want to get married. .

There is a saying that failure is a delayed success, this sentence very often appears when experiencing a failure. Therefore, you must be sure that the delayed success is something that will surely come true. The most difficult thing in experiencing failure is convincing yourself to keep going and trying. Because if you are able to control yourself, you will not be protracted in failure. Unsuccess is not the same as failure because if you don't succeed, just not being able to achieve it doesn't mean you can't achieve it. Success must go through various processes, this process is certainly not a short time. Through a long process and time, you will learn about patience, sincerity, enthusiasm and positive thinking. In the process of success, this will be paid off with success that is priceless with money. When success comes, that's the positive impact you will get if you can control yourself when you fail.

In the book entitled "Read this book when you fail" by Kinanti Linda Rahayu, there are many moral messages that will be obtained when someone experiences failure to achieve success. A success that will be a story of a very interesting life journey because of a failure. Therefore, do not make failure a person who is left behind, because when you experience failure, you must immediately get up and fix that failure. Success is actually a certainty, the problem lies in how long the process will take to get to that success. There are so many people who want to be successful but don't want to take action. Most people also want to be successful but just wait and just daydream. When someone does this, it will not be successful because success can be obtained because it is achieved by action. When the action always fails and immediately gives up, that is the real failure. Therefore, researchers are very interested in this book and want to review the moral messages contained in this book.

METHOD

In this study, researchers used qualitative methods because researchers got ideas by collecting data, observing, and exploring. The researcher tries to understand the story in the book by reading it and observing and exploring what will be taken in this research, the researcher also does not conduct any surveys and does not submit it to the public. Researchers are very closely involved and produce subjective results using a narrow sample (Aspers, P., & Corte, U. 2019). The research method is the most important part of this form of research. The method used in this study uses qualitative research methods.

This research is carried out by people who make observations and research in an event to obtain information and determine the final result. This research method plays an active role in analyzing and obtaining useful work for researchers and readers. This research method is a method that is based on the philosophy of postpositivism and data collection is done by purpose and the collection is using a combination technique. Qualitative method is also very concerned with definition rather than logic to draw conclusions. The subject of this research is the book "Read This Book When You Fail" by K.L. Rahayu.

FINDINGS

Life balance is something that must be done, meaning that when you experience an atmosphere of disappointment because of failure, or hurt because of a defeat, then the balance of the mood is very important so as not to be dissolved in that bad mood. That's because when you can't balance your feelings, there will be a lot of bad effects that will occur. So when you experience failure, it's good to give yourself a moment to calm down and restore that positive energy back. For example, by doing things you like such as sightseeing, shopping, or others (Brown, B. 2018). This is very important to do because it is for mental and mind development so that later it can return to repairing failures that occur. Actually, when you experience failure, from that you will learn to train mentally to be able to get through the difficulties that will come in the future. All forms of failure and heartache must be accepted, don't make it the standard of life that it will happen continuously. It is precisely those who must believe that the wheel of life will continue to spin. Don't make failure so afraid to achieve future goals later and never be afraid of other people's words that will make you insecure.

Failure is actually a way to improve yourself and achieve a better result in the future. Therefore, don't make failure something that can destroy yourself, but make failure make the spirit to be able to destroy failure itself. If you fail, make it a habit to first think about why you failed, so that it helps to think calmly and get rid of the habit of solving it with emotions (Ellis, A. 2019). When tired and want to give up, remember the original goal when starting because it's one way to lift your spirits. That failure will not affect future success, except when you give up halfway. There is a key to having the courage to be successful, which is having the courage to set a target, having the courage to take steps, and having the courage to make it a success. Doing all activities with the heart is an

important thing because when you do it you will have intentions and goals. It's not good to do something you don't want yourself to do and it's also not good to stop before you finish. But when you are not happy with what you have lived and want to change it, the right thing to do is find yourself. Therefore, start something with your heart, don't hurt yourself because you don't want it because the thing that can make you fail is disappointment.

Failure is a reality that everyone can improve in various ways to produce something we want and become a reality (Bailenson, J. 2018). Failure should be used as a lesson for the future, it is also the key to change it for the better, and don't let failure be the last resort that makes you give up and give up. A failure is not a wrong action but the wrong one when someone who fails then drags on in the failure and does not want to rise from his failure. Behind a person's success, there must be failures that will color his life, but someone is successful because he starts over what he did before, indeed starting over is a very difficult thing to do. If someone is doubtful and not confident, that makes it difficult for us to start over what we want to do and maybe that person is feeling tired, annoyed or indecisive. Every human being is created in a different way so that humans know what is inside themselves, humans are not created to waste their time but humans are created for useful things for themselves and those around us.

Sometimes we want to be someone else when in fact we don't know what effort or hard work they were doing at that time and it could be someone else who wants to be us, we should be grateful and be who we are. Don't care about what people say to you, you should focus on your goals and make that talk as motivation for the future (Moldoveanu, M., & Narayandas, D. 2019). Nothing is impossible in this life, everyone who wants to try will definitely get satisfactory results and want to try to fix all the shortcomings that exist in him, everything we do is never too late because it is better to try and fail than fail because we don't try the same very. The almighty God gives a test to every human being in the form of failure and loss to give life lessons and the strength to quickly find something that is lost. Every human being has their own strengths that can be developed to get the results we want. In accepting everyone's fate, everyone is different, so every human being can exchange stories, exchange thoughts and stories about what we are going through now to help us move forward and succeed in the future.

Perfection must always be sought but if what he does is good, it will get a harmonious balance even though in seeking perfection we get disappointment.

A person's success is actually the product of a failure (Varenne, H. 2018). Therefore, failure is something that is needed because when you have never failed, it will not be like it is today. It is perfectly permissible when you experience failure and then cry, there is nothing wrong with crying. But after that it immediately bounced back because failure only belongs to people who like to complain and give up on circumstances. Failure will not betray the results if you take lessons from failure and move on. Taking wisdom in the sense that in every bad event there must be something good that will happen. Never blame God for what happened because God knows what's best, so leave everything to Him and keep improving yourself. If you haven't found the wisdom, then continue to give yourself time and wait patiently until you can finally look back, until you feel lucky to have found that failure. Moving forward means that if you have found the wisdom, then immediately move on because too late in negative thoughts will not progress, besides that negative thoughts will keep you from success. Do not be influenced by negative people's words, because behind the negative things there will definitely be something positive that can be taken.

Finding the uniqueness of oneself is something important, the goal is to make humans happy. After finding the uniqueness in yourself, then develop it because that uniqueness will lead to success. Do what you like, you will always be happy, make that kindness bring something you can rely on in life. Every activity carried out with feelings of pleasure and comfort will have a positive impact and will make life more advanced and happy. The thing that is actually quite difficult to do is to focus on your uniqueness and focus until the end because most people will give up in the middle of the journey (De Shazer, S. et al. 2021). Never do something half-heartedly because to achieve the results we need, we need to do it seriously and maximally. Success will not come easily and everyone's path to success is different. There is no need to be jealous of other people's success because every human being has their own way to achieve success. Everyone has 24 hours in a day, success is determined by how well you use your time. Saying "Later" is just a waste of time, so it's better to do it right away. Success is not measured by the position a person has reached in life, but by the difficulties that have been successfully completed, they will achieve success.

Life doesn't always run smoothly, life is like a spinning wheel, sometimes it's up and one time it's down (Chodron, P. 2019). Currently, you may be experiencing difficulties, your income is mediocre, living in an improvised place a few years later will definitely change completely. A few years later you must have a decent house, have a car and have supportive friends. To reach that stage requires the ability to keep up with changing times and the ability to improve oneself. In a process that is bound to fail, it doesn't matter if the failure has a big or small impact because failure is not wanted by everyone. Failure is a natural plan to prepare for greater responsibilities, but the failure should not make you depressed and even make yourself feel weak and hopeless, make the heart calmer in the face of failure. It is not easy to know and recognize the envious because there are so many good people in front of them but behind their back they say otherwise. Being able to balance yourself is important in getting to know everyone, don't focus too much on the judgment of envious people, but focus on what you're doing. If other people's criticism is good and able to build in a positive direction then it should be accepted, but if the criticism is negative then just listen and don't care. Let other people judge on something they think, because I have the right to accept or reject it.

Choose other people's invitations, both good and bad and have the right to refuse other people's invitations in a negative direction. When you can't choose which is good and bad, it's a sign that you don't have principles in life. You will not be able to equate yourself with other people and people's way of life is different, so you will not be able to if you want to be like other people. Except for inspiring others, being inspired by other people because of their success, kindness, and way of thinking is a good thing. Take knowledge that will motivate us to be passionate and fight for success in life. Life in the past was not all good and also not always bad, bad life in the past can be fixed in the present. The trick is to take lessons from past lives and never regret the past because even though the past is bad, the task in the present is to fix it, not to contemplate constantly. Eternity of eternal life is gratitude for life itself, both in bad and good conditions because often when you get into trouble, you feel sorrier, sad, and even spoil the mood of the day. Therefore, often be grateful to God who has given us a good life. Gratitude is very simple, for example when you wake up in the morning you must be accompanied by gratitude because you are still given life, health, and can still live a good life.

Focusing on goals in life will definitely go through a process that is not easy, moreover to achieve success is definitely not easy because the most important thing is to believe in your own abilities. Leave anything that can be stressful because stress can reduce productivity in activities and even cause pain in the body. Before the stress appears, it would be nice to always give yourself a chance to rest and calm down because actually you can also manage your calm so you don't get pressured. Everyone tends to avoid a failure, but if success doesn't come, what you have to do is know yourself and know what caused the failure to happen. Never let fear cause failure because fear will always bring you into your comfort zone. Get out of your comfort zone because it can find out what is lacking and must be improved in yourself. Paying attention to the surrounding conditions is also important because you can see the conditions around you if you have a strong enough competitor, so you have to work harder so you don't get left behind. Never set a target too high because it will only complicate and increase the burden on work and if you fail the pain will be much greater, but don't be discouraged either, measure your abilities and compare them with your efforts to see if they are balanced. Giving up is not a reason to accept fate in experiencing failure, rest assured that you can change things for the better again by trying and working hard because success is determined by passion, will, and hard work.

A process that actually brings someone to success because of people who rise from adversity. In the position of life we are not always at the bottom when we want to try and change it, surely we can be in the top position and feel the various stories of life's journey. When we are at the top there are those who feel less happy, because whatever we are going through, there must be some who don't like what we get because that is the wheel of life. In human life, there are goals, for example, wanting to be successful, but there are actions that are taken out of control because they are influenced by the surrounding environment which has a major influence on one's life goals. Indeed, success is in our hands and controlled by ourselves. We must also keep going and continue to improve all intentional and unintentional. The process of success must also be balanced with good deeds by caring for others without realizing it can push a person up towards success in order to stay balanced in life. Don't forget to evaluate yourself and understand all the feelings you are experiencing. In addition, we must be able to accept all the circumstances we face because it is part of ourselves to be successful. Evaluating

ourselves by understanding ourselves to be able to accept anything and fight for changes for the better and in accordance with expectations.

In the process that we are running, of course there will be feelings of hurt with someone who makes us dissolve in sadness. We should accept it immediately and must take action for the future. Also don't forget to control ourselves so that we focus on the goals we have planned. Actually we are winners in our own lives because we are in control of all and prepare to live happy days. Luka is the best teacher who gives and brings someone in feelings of sadness, happiness to success. There are many ways to enjoy life, one of which is knowing yourself. Get to know yourself by being honest with yourself so you can accept all the parts to train your character, give yourself good puzzles so you can choose to make life feel more colorful, listen to your heart because that's the key to staying confident for the sake of life. Make a decision, then focus on what we are doing to get what we have planned, the last is to give appreciation to our bodies that have tried to carry out daily life. Improving personality by understanding our character in life and writing positive things that we are good at. Categories written in positive terms such as the value of virtue to be able to respect and motivate ourselves, interests that make us feel motivated to know certain things, personality, activities so that we know the habits we do, life goals that we admit are most needed, and the power to know one's own expertise as well as one's own skills.

To be able to recognize yourself more deeply, you can answer questions about yourself or your personality because it can shape or know the character we have. Sometimes knowing ourselves not only from ourselves but can also ask others by asking for direct responses to know ourselves from the eyes of others and indirectly they help us to recognize ourselves in things that we are not aware of. If we are not satisfied with what we have achieved, we can also compare the satisfaction of the life we have gone through and feel whether we are satisfied with what we have achieved because that is the benefit of everything we already know to ourselves. In addition to knowing yourself, you must also fulfill needs such as maintaining health because we must also observe from the physical and mental aspects, we must also balance work life and personal life because there are many things to be grateful for from this. Give boundaries to ourselves and others so that we feel comfortable and focus on the goals we have planned. Determining life goals for the future so that they can live happily are also very important so that we can

achieve our dreams and set targets to find out what we have achieved. Knowing yourself is a process that is related to the will and needs of our life, it is also the beginning of a life strategy, that's when we are able to take policies when we are in a problem or life balance. There are many ways to be a wise person, such as thinking before taking action so that you don't feel sorry when you have done the actions you have taken, don't regret things that have happened and should be used as a lesson so that in the future you will be better, be open to input from people. Another thing is because there are always good things that we have to improve in the future, look at points of view from various directions so that we don't make the wrong decisions or actions in a narrow scope, the last one is adding insight and knowledge so that we can develop ourselves so we don't fall behind with the times. growing.

Everyone must have dreams that they want in their future lives, whether it's becoming a successful person, becoming a rich person, or becoming a famous person. Often the high dream becomes the object of ridicule for friends and people around who underestimate it. Success actually starts from a dream, not a dream while sleeping but the dream in question is wishful thinking and hopes or dreams that are coveted, actually a big dream is the first step to success. Dare to dream, convince yourself of the dream you already have and then chase it and it will come true. The important thing to know is that the distance between dreams and their realization takes time, be it a long time or a short time. Small dreams are not enough to grow passion in achieving them, but having a dream that is fixed, without it life will be boring. It must be understood that in achieving that dream there will be a failure, if you do not dare to bare failure then do not expect to achieve success. Success or failure of a person in realizing his dream, does not depend on his prowess but on extraordinary determination and hard work. The only way that can change fate is to change the way of thinking that everything will be possible if believed and vice versa can be impossible if not believed.

That dream can be a gateway to success because dreaming has a goal to be achieved, by dreaming and trying to make the universe support it without realizing it, by dreaming that is strong and always embedded in the mind becomes motivation to get back up when experiencing failure, boldly dreaming is only done by people who dare to be successful, and because dreaming alone is a good step towards success. Life is actually simple because by doing good things, goodness will always follow. Likewise with dreams

that you have, will come true if you keep trying to get them. Struggle with all your might to achieve your life goals and dreams because life will always lead that way. Don't make it a burden or an obstacle in achieving your dream, enjoy the process of achieving that success. Having a big dream is not enough, it must be accompanied by serious effort because people who are able to dream with people who make their dreams come true have the same ability. Having the mindset and knowledge are important things in life to turn that dream into a reality. When you have a good mindset, the steps to success will be easier. The thing that is quite difficult in achieving success is to start, often wanting to produce something but being too lazy to start it. Many of the leaders procrastinate and rely on tomorrow, but it is very important to take advantage of the opportunities that exist. All that must be done is just a small and simple step to start doing what must be done, there is nothing wrong with having big dreams, it is precisely by having big dreams it will be easier to achieve success.

CONCLUSION

Success is something that definitely happens to everyone, but the process to get that success must be with effort and through various failures. Failure is our process towards success, it is that failure that increases the spirit to keep trying and get up from the failure. In achieving success it is very easy if we do not give up and want to try new things, the difficult thing is how we maintain the success we have achieved so far. Everyone wants to feel success, but if they are silent and make no effort for fear of failure, they will certainly not meet success, even though failure is part of success that requires hard work and action. We cannot choose the wheel of life, but we must accept it and live it. We must accept the feelings of fear, hate, anger and hurt in this process of failure so that we know that this is part of developing towards success and enjoy the process. Experiencing failure doesn't mean we don't deserve success, in fact, failure is what makes us keep trying to improve ourselves. The environment is very influential on success because the association really determines where to go, hang out with those who can provide solutions when there is a problem, hang out with those who always remind you of goodness. What is needed in life is never to give up and rise from failure. Karen if you experience failure there will always be a way to achieve success, the point is to stay focused and committed to what you aspire to and make it happen until you succeed.

REFERENCES

- Aspers, P., & Corte, U. (2019). What is qualitative in qualitative research. *Qualitative sociology*, 42(2), 139-160.
- Brown, B. (2018). *Dare to Lead: Brave Work. Tough Conversations. Whole Hearts.* Random House.
- Ellis, A. (2019). *How to Stubbornly Refuse to Make Yourself Miserable: About Anything-Yes, Anything!.* Hachette UK.
- Bailenson, J. (2018). *Experience on demand: What virtual reality is, how it works, and what it can do.* WW Norton & Company.
- Moldoveanu, M., & Narayandas, D. (2019). The future of leadership development. *Harvard business review*, 97(2), 40-48.
- Varenne, H. (2018). *Successful failure: The school America builds.* Routledge.
- De Shazer, S., Dolan, Y., Korman, H., Trepper, T., McCollum, E., & Berg, I. K. (2021). *More than miracles: The state of the art of solution-focused brief therapy.* Routledge.
- Chodron, P. (2019). *Taking the leap: Freeing ourselves from old habits and fears.* Shambhala Publications.